

OUTREACH BODY

The Handbook

This was created so that we all stay on the same page, move the same direction, and keep the same goal... to impact the kids because we truly are better when we are TOGETHER.



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Expectations (Coaches)

- We will never compromise our faith for anything.
- We will never forget that although we want to coach hard, play hard, and win every time we compete, we will never lose sight of the fact that this is just a game. We do not get paid for this. We use this game to teach life lessons and build character.
- We are never going to make a parent or kid put us ahead of anything that is more important to them or any other interests that a kid may have. We'll also praise kids for non-basketball related achievements.
- We will treat any kid/parent that has decided to leave our program for any reason, with the utmost respect. As long as they are not of any harm or danger to 1 Body, they are to always be welcomed back with open arms, and always considered family.
- We will never show parents or kids anything other than us being on the same page. If there are any issues among us, we need to address them privately without involvement of the kids or parents.
- We will stay in constant communication with each other to ensure that we are as prepared as possible not only to serve the kids, but for any situation that may arise (ex. Game planning, weather cancellations, ensuring we have enough coaches for practice, transporting kids, etc.)
- We'll meet periodically to grow as men and as coaches
- We will never swear, berate, or belittle a kid. We can still coach with high expectations without screaming in a child's face.
- We will never give preferential treatment to any kids, including our own sons/daughters. No "daddy ball".

Expectations (Parents)

- Never compromise your faith for anything
- Although you may be very knowledgeable and passionate, we need the kids to understand that they have to listen to the coaches for the appointed time that you entrust us with them. Support the kids with the understanding that they may not do exactly what you are coaching them to do, but what the coaches are coaching them to do.
- Remember that although we are striving to win all the time, this is only a game.
- We expect you to communicate with us if a child is going to be absent, late, or no longer participating. Coaches spend lots of time trying to prepare practices and games, so we strive to be as prepared as possible. This is not only to promote accountability, but also to help us be able to know what to expect to put the kids in the best situation possible for that particular day.
- Never feel like you cannot have a child participate in other extracurricular activities. We understand that basketball is not everything. However, please keep us informed of what's going on so that we can be aware and even supportive.
- If you wish to have a child not play due to discipline or academic issues, we support you. However, we strongly encourage bringing them to practices and games anyway (yes this is a commitment). Kids hate having to dress for a game only to sit the entire game and not play at all. Just staying home usually has little effect.
- Please be loud, passionate, and supportive at games.
- Please monitor email as that is the easiest form of communication so that we all have the same information.
- Please communicate you need for assistance; transportation, financial, etc. as soon as you know the need is a need. If we find out too late, we may not be able to assist.

Expectations (Kids)

- Never compromise your faith for anything
- Maintain a C or better in every subject, if not, you will be subject to mandatory tutoring if you do not find your own tutor first. If your schedule does not allow, then we will set you up with tutoring during practice days/times.
- Be coachable. Whether you've played ball your entire life, or whether you've never played before, in order for us to achieve the best results, we need as few distractions as possible.
- Focus, focus, focus. The more you focus, the quicker you learn. The more we can teach and do, the more fun we have and the more successful we become.
- Understand that we are going to push you and make you uncomfortable as often as possible. We want you to grow as a team, as well as individually. The only way to accelerate grow is by having to overcome adversity.
- Never ever say the words, "I can't" or resort to making excuses. Even if you feel that something was not your fault, don't explain or negotiate, simply accept coaching and discuss it during a break or after practice.
- Lose the bad attitudes
- Always run to time outs in games, from water breaks in practice, etc. Time is so precious and we do not have a lot of it. Also, we are trying to change habits for the better because bad habits bleed into other areas of life.
- Don't lose your composure. It doesn't help anybody. More times than not, referees and coaches are right.
- Everyone can run for the actions of 1 person. Think about your teammates. What you do affects everyone.

Basketball Stuff

We are a program that aspires to have the spirit of a fighter. From the youngest kid in the program to the oldest, most experienced kid, we want to win games because we show up and outwork people. This is something that transcends talent. You do not have to have the most talented, or tallest, or most athletic group of kids to outwork anyone. This is how we are going to prepare.

Competitiveness – In today’s world, we know that hundreds of people can be competing for 1 job opportunity. When done for the right reasons; to glorify God, fairly, with respect to your opponent and the rules, having a competitive spirit can be a great thing. We do not want to mistake making winning everything, but we do want to have the mentality that we are showing up for a fight no matter who, when, or where we play.

Conditioning – We will place a high emphasis on conditioning. When a person is tired, they not only lose effort and energy, they lose focus.

Confidence – We need the kids to not be afraid to shoot if that’s their shot. We’ll never fuss at a kid for missing a shot, but we’ll fuss for not taking one.

Effort – After the first practice or two, the expected effort level will be established. From that point forward, there will be a standard that we do not deviate from. We will no longer coach effort as this is will be mandatory to avoid consequences.

Fundamentals – Too many times, coaches overload kids with information. We will not give them more plays than they can handle. We focus on the fundamentals while giving a few simple plays. Once they begin to show that they can execute them in a game without being reminded, we’ll add more.

Togetherness – We cannot have kids reacting negatively to a mistake by a teammate. We grow from our mistakes. As long as a mistake isn’t from a lack of focus or lack of effort, we don’t care too much about it because kids (and adults) make mistakes all the time. We want the kids to play for each other. When they encourage and trust each other, it’s amazing how hard kids play for each other.